

Horticulture Therapy: Improving the Body, Mind and Spirit With Your Help

Since 1996, the Niagara Floral Center & Greenhouse program has provided on-the-job training and therapy to nearly 150 individuals each week. Working with plants promotes dexterity, enhances motor skills and develops socialization. People with developmental disabilities take pride in their work, enjoy the activities associated with the greenhouse and love to see the results of their efforts. Additionally, the individuals involved in the program assist in selling the plants and floral products to the public, which is their true reward. The Niagara Floral Center & Greenhouse at Opportunities Unlimited of Niagara depends upon support from the private sector to help provide increased opportunities in horticulture therapy for people with developmental disabilities. We hope you can help!

Supplies



The following items are needed:

Gardening Supplies • Seeds
Peat Moss • Top Soil
Fertilizer • Gardening Gloves
Hand Tools • Pots
Containers/Baskets • Paints
Garden Hoses • Ribbon
Silk Flowers • Vases
Jewelry • Wallpaper
Buttons • Fabric

Volunteers

Do you have a green thumb or just love “playing” in the dirt? We have the perfect place for you to use your talents!

The Niagara Floral Center & Greenhouse at Opportunities Unlimited of Niagara is seeking volunteers to assist with gardening, planting, nurturing, weeding and other activities at the greenhouse and nature trail for at least four hours a week. Volunteer positions are available year-round from 10 a.m. - 2 p.m., Monday - Friday. There are opportunities to work side-by-side with our consumers or work independently.



Please call **Community Relations** at 297-6400 for more information or visit www.opportunitiesunlimited.org to obtain a volunteer application.

Adopt the Greenhouse

Your generous tax deductible contribution will enhance our ability to provide year-long horticulture therapy to individuals with developmental disabilities. Thank you in advance for your kindness.

- \$500 provides one pressure treated work/planting bench (need two)
- \$300 provides a year's supply of peat moss
- \$200 provides a year's supply of fertilizer
- \$110 provides commercial stone for the greenhouse floor
- \$110 provides one sprayer/pump tank (need two)
- \$100 creates a floral design course for the consumers for one month
- \$50 provides a 3-month supply of fertilizer
- \$30 provides one hose (need three)
- Schedule a cart sale or host a pre-order display at your business -- priceless!

To make a donation of supplies, please stop by the Greenhouse, 2510 Niagara Falls Blvd., Wheatfield, Monday - Friday, from 8:30 a.m. to 4:30 p.m. or to make other arrangements contact **Bob Bracikowski**, greenhouse coordinator, at 504-2617 ext. 244. Please send check donations to Opportunities Unlimited of Niagara, 2510 Niagara Falls Blvd., LPO Box 360, Niagara Falls, NY 14304. So that we may acknowledge your generosity, please be sure to include your name, company or organization name if appropriate and address. **Floral arrangements are available for holidays, special occasions, corporate events and more! Visit www.opportunitiesunlimited.org to download order forms or to find out more information about the “Hands-On” Seminar or Flower of the Month.**

Thank you!